



Email: [caringplymouth@plymouth.gov.uk](mailto:caringplymouth@plymouth.gov.uk)

Follow us on socials: @CaringPlymouth

Call or text: 07814 943808

## May 2026

Caring Plymouth helps connect you with the opportunities (skills, training, education, careers and jobs) within the Health and Social Care sector that best fit you, your lifestyle, skills and experience.

Whether you are taking your first step into the sector, or progressing within your career, the team are able to support you with making your next steps.



**MONDAYS @ SKILLS LAUNCHPAD PLYMOUTH**

Join the Caring Plymouth team, who will be joined by employers and/or training providers to help connect you to opportunities within Health and Social Care.

Email [caringplymouth@plymouth.gov.uk](mailto:caringplymouth@plymouth.gov.uk) to book an appointment .

**WHEN:** Mondays, 10am to 3pm  
**WHERE:** First floor at Cobourg House, Mayflower Street

Supported by:



## Job opportunities

Simply click on the logos to find out more - roles including Support Workers (days and waking nights), Dining Room Assistants, General Manager, Support Worker and Care Assistant.



For support surrounding applications, visit at our Mondays @ Skills Launchpad Plymouth.

## Care value of the month...



Being person-centred is about focusing care on the needs of individual. Ensuring that people's preferences, needs and values guide clinical decisions, and providing care that is respectful of and responsive to them.



## May 2026

### Sector spotlights - Childrens Services, Plymouth City Council



Foster for Plymouth is a not-for-profit fostering organisation, part of Plymouth City Council, and consists of a team dedicated to ensuring children and young people are cared for in the way they deserve. As a collective, their main aim is to find local homes for local children where they can be facilitated to thrive and achieve their dreams with carers who truly care.

Plymouth City Council is investing to deliver a bright future for children and young people - making sure children and families get the right help at the right time.

Recruiting for a number of priority roles across Children's Service. Plymouth City Council would particularly love to hear from experienced social workers who would like to join our social work teams.



#### Current opportunities



**Social Worker**

**School Crossing Patroller**

**Family Support Worker**

**Education Psychologist**

**Passenger Assistant**

**Residential Care Officer**

**Support Worker  
(Learning Disability)**

**Youth Worker**



## May 2026

### Events/ Activities

### When and where?

**Caring Plymouth's  
Mondays @ Skills  
Launchpad Plymouth**

**Mondays, 10am to 3pm,  
Skills Launchpad Plymouth, first floor, Cobourg House,  
Mayflower Street**

**Mini jobs and training  
fair**

**Monday 11 May, 11am to 2pm, Skills Launchpad  
Plymouth, first floor, Cobourg House, Mayflower  
Street**

**A Question of Care -  
Adult Social Care Quiz**

**Online (open to all, anytime).**

**NHS Health Career Quiz**

**Online (open to all, anytime).**

---

## **THANK YOU to those who joined us at our Careers Showcase in April.**

**We were joined by over 25 exhibitors from the sector who showcased their opportunities to over 300 visitors across the day.**

**Opportunities were showcased across three zones - Employer Zone, Skills & Training Zone and the Interview Zone.**



## **Coming in 2026...**



**Summer opportunities fair - join us at Cobourg House this summer to explore skills, training, career and job opportunities.**



**Autumn 2026 - Caring Plymouth Skills & Training Directory 2026/27 - explore and find out more about Health and Social Care in Plymouth through sector insights and skills/training opportunities in the city.**



**Autumn 2026 - Caring Plymouth Careers Showcase**

## May 2026

### Skills and training

#### Course

#### Training provider

Certificate in Healthcare Level 2 for all

[Achievement Training](#)

Certificate in Counselling Skills (Level 2)

[On Course South West](#)

Volunteer Passport

[On Course South West](#)

L2 Certificate in Working with Mental Health

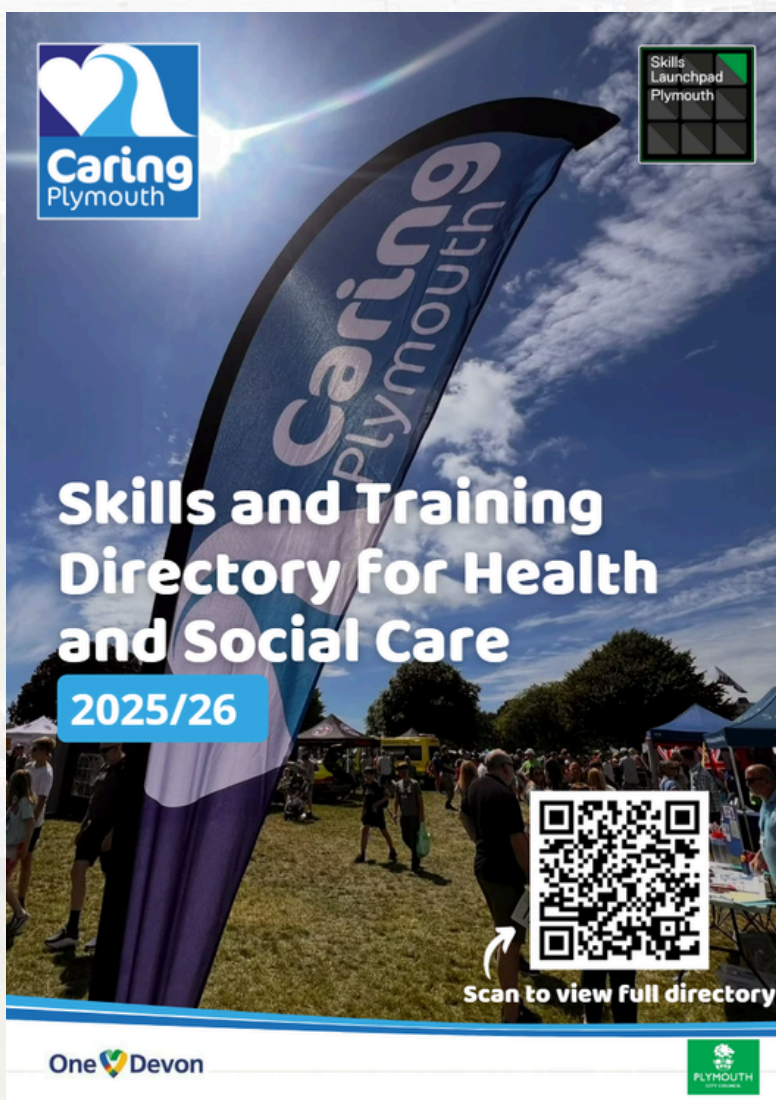
[On Course South West](#)

Principles of Medication Administration

[The Focus Training Group](#)

Award in Dementia Awareness

[The Focus Training Group](#)



#### Introduction

- Welcome to Caring Plymouth
- Our Vision
- Support available from Caring Plymouth

#### What is Health and Social Care?

- Did you know?
- Adult Social Care
- University Hospitals Plymouth NHS Trust and Livewell Southwest

**Caerus** - Your career, your journey. Interactive exploration. Empowering your future.

#### Explore careers across Health and Social Care

- Fact sheets and career clips
- Case Studies 1-6

#### Skills and Training Directory

- Introduction
- Levels of study
- Funding information
- Provider key
- Basic skills (Maths, English, Science, Digital and ESOL)
- Level 1 qualifications
- Level 2 qualifications
- Level 3 qualifications
- Level 4 qualifications
- Level 5 qualifications
- Levels 6, 7 and 8 qualifications
- Apprenticeships
- Other available training/certification

[Skills and Training Directory for Health and Social Care 2025/26](#)

## Caring Plymouth CV and support statement tips!



**Keep your CV precise and no longer than two A4 pages.**



**Your CV should include; contact details, professional profile or summary, skills and achievements, work experience, education, interests and references.**



**Tailor your CV. Look at the organisations website and social media accounts and the job description and the person specification section and ensure you include these areas within your statement. Make sure your CV is targeted to the role and employer.**



**Avoid generic, over-used phrases such as 'team player', 'hardworking' and 'multitasker'. Instead, provide real-life examples that demonstrate all of these skills.**



**Use a clear font like Arial, Times New Roman or Calibri in size 11 or bigger and use the same style throughout.**



**Use headings and bullet points to make it easier to read and be clear and to the point.**



**Get someone else to read it to double check your spelling and grammar.**



**A profile summary in your CV is a short paragraph that highlights your skills, experience and achievements. This section is an efficient way to get the employer to notice you with a compelling summary of your experience, skills and qualifications.**

## Support statement template

- **Introduction:** Briefly introduce yourself, your current role (if applicable), and your enthusiasm for the specific position you're applying for. Include your motivation for applying for the position. What specifically interests you about this role. Explain why you believe you are the ideal candidate for this position.
- **Skills and Qualities:** Highlight specific skills and qualities outlined in the job description and person specification. Provide examples from your previous experiences to demonstrate how you have successfully complete responsibilities described in job description.
- **Qualifications and Experience:** Briefly outline your relevant qualifications and professional experiences. Focus on experiences that directly relate to the requirements of the role.
- **Values of organisation:** For example, The NHS has a set of core values: working together for patients, respect and dignity, commitment to quality of care, compassion, improving lives, and everyone counts. Explain how your personal values and work ethic align with the organisation. Provide examples that showcase your commitment to these values in your previous roles.
- **Career Aspirations (optional):** Briefly touch upon your future career goals and how this position fits into your long-term career aspirations within the NHS.
- **Closing:** Conclude your statement by summarising above points.



Use the **STAR (Situation, Task, Action, Result)** method to structure your examples. This involves describing the situation, your task or role, the specific actions you took, and the positive outcomes you achieved.