



Email: caringplymouth@plymouth.gov.uk

Follow us on socials: @CaringPlymouth

Call or text: 07814 943808

August 2026

Caring Plymouth helps connect you with the opportunities (skills, training, education, careers and jobs) within the Health and Social Care sector that best fit you, your lifestyle, skills and experience.

Whether you are taking your first step into the sector, or progressing within your career, the team are able to support you with making your next steps.



MONDAYS @
SKILLS LAUNCHPAD PLYMOUTH

Join the Caring Plymouth team, who will be joined by employers and/or training providers to help connect you to opportunities within Health and Social Care.

Email caringplymouth@plymouth.gov.uk to book an appointment.

WHEN: Mondays, 10am to 3pm
WHERE: First floor at Cobourg House, Mayflower Street

Supported by:

- jobcentreplus
- Marama Care
- NHS University Hospitals Plymouth NHS Trust
- on course
- BIG PICTURE CARE GROUP
- SALUTEM CARE & EDUCATION
- MTL achievement training
- PLYMOUTH CITY COUNCIL

Job opportunities

Simply click on the logos to find out more - roles including Support Workers (days and waking nights), Dining Room Assistants, General Manager, Support Worker, Care Assistants and more...



For support surrounding applications, visit our Mondays @ Skills Launchpad Plymouth.

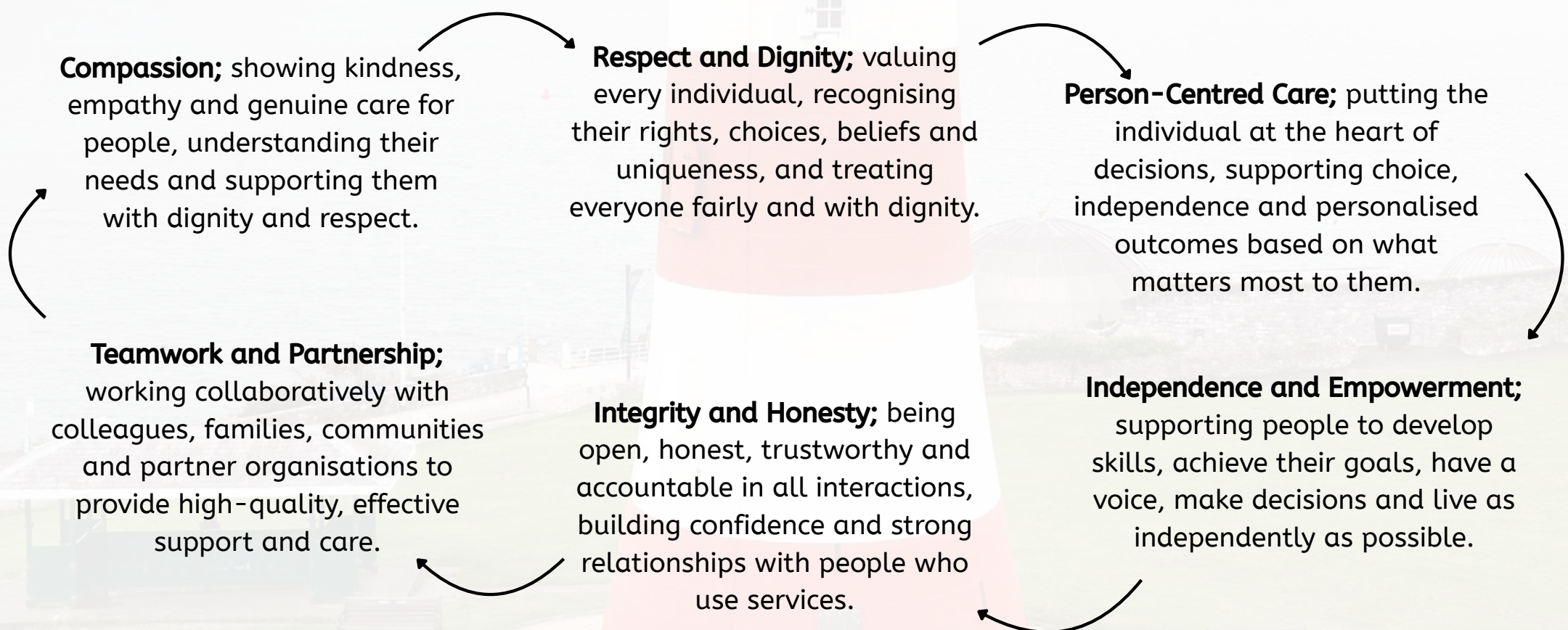


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Plymouth Care Values

Health and social care encompasses a broad range of support activities that enable individuals to live independently, safely and with dignity. In collaboration with local employers and their teams, we have developed Plymouth based care values. These values showcase those of the current workforce, but also what local managers are looking for when growing their teams.



Application support

When applying for an opportunity within the sector, embed these values into your application, alongside your skills, knowledge and experience. This will showcase how you work in a way that promotes the values in your work and will working with those you are caring for.

Find support surrounding the Situation, Task, Action and Result method (STAR) on page 6.

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Skills and training in Plymouth

Course

Training provider

Certificate in Healthcare Level 2 for all

Achievement Training

Certificate in Counselling Skills (Level 2)

On Course South West

Volunteer Passport

On Course South West

L2 Certificate in Working with Mental Health

On Course South West

Principles of Medication Administration

The Focus Training Group

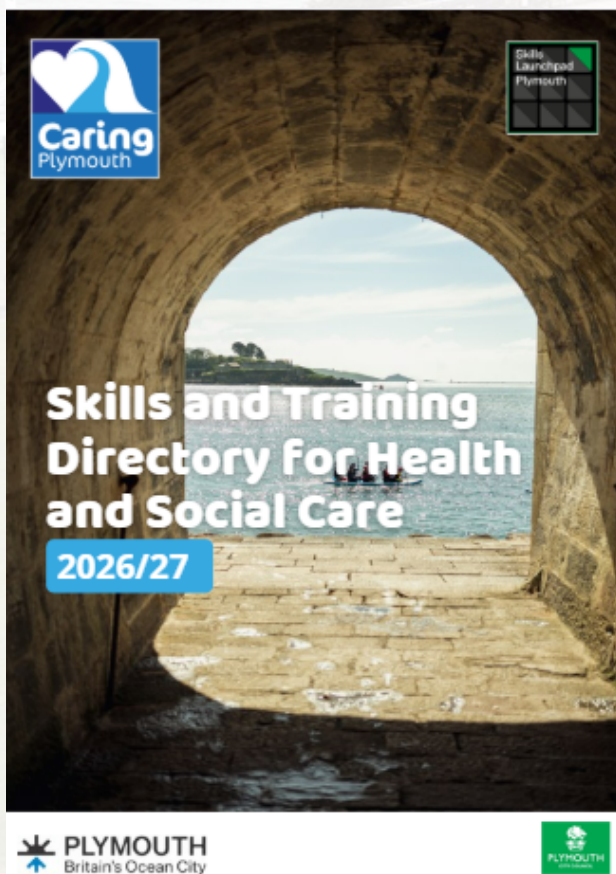
Award in Dementia Awareness

The Focus Training Group

Coming 14 September!

The new Caring Plymouth Skills & Training Directory 2026/27 is your guide to careers in health and social care.

- Explore career pathways
- Discover local skills, training and career opportunities
- Find apprenticeships, internships & Skills Bootcamps
- Hear inspiring stories from the Plymouth workforce
- Access routes from entry-level to leadership roles



Whether you're starting out, changing career or looking to progress, this directory can help you take your next step.

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Career pathway - Social Work

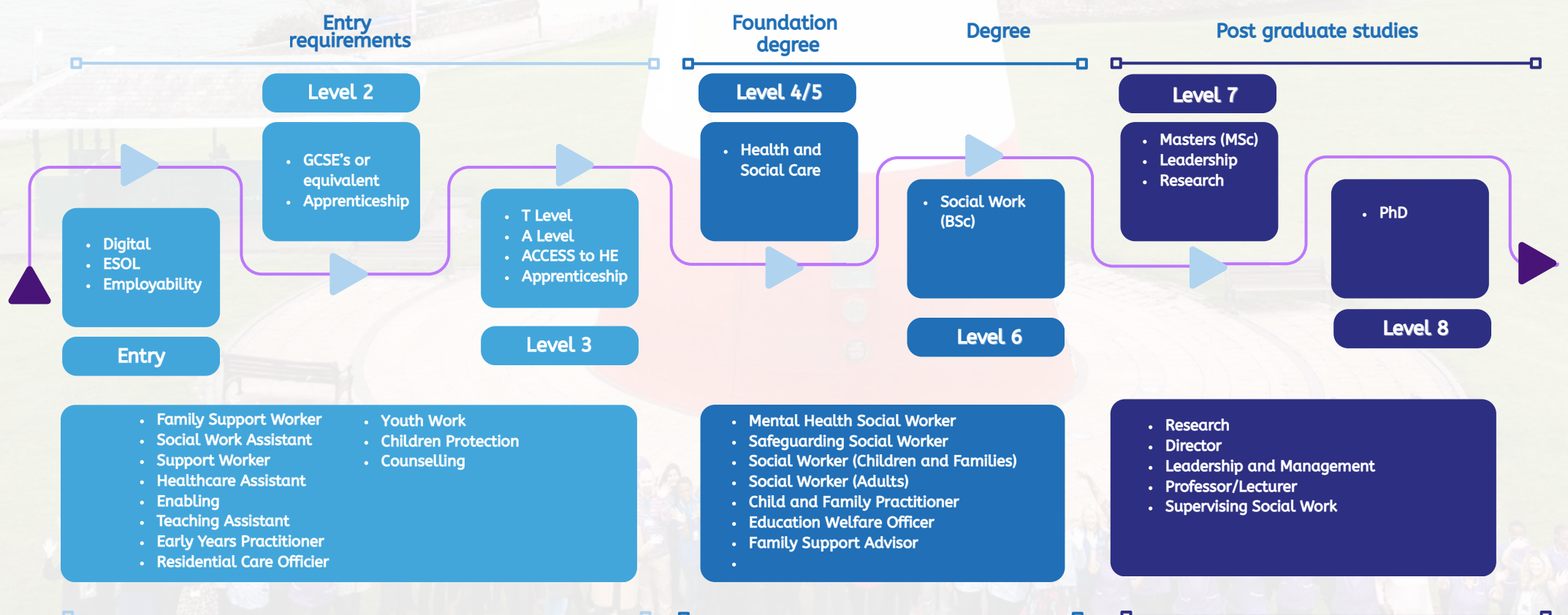
Plymouth offers clear, supportive routes into health and social care. The following career pathways showcase these routes and offers support and guidance for those wanting to enter or progress within the sector.

Take a first look at the pathway for Social Work will feature in the upcoming 2026/27 edition Skills and Training Directory for Health and Social Care below...



Social Work

Social workers help individuals, families, and communities improve their wellbeing by supporting them through social, emotional, and practical challenges, while promoting human rights and social justice. They have a role in protecting children and adults with care and support needs from harm, while working with a wide network of professionals (BASW, 2026).



Livingston

Social Worker
Plymouth City
Council



"Exciting things are happening in Plymouth to ensure all of our children and young people experience good outcomes. We know that that our **workforce will be at the heart of our success** – work with us for a bright future" - One Children's Service, Plymouth City Council.

Be inspired by more stories via the [One Children's Service website](#).

Caring Plymouth CV and support statement tips!



Keep your CV precise and no longer than two A4 pages.



Your CV should include; contact details, professional profile or summary, skills and achievements, work experience, education, interests and references.



Tailor your CV. Look at the organisations website and social media accounts and the job description and the person specification section and ensure you include these areas within your statement. Make sure your CV is targeted to the role and employer.



Avoid generic, over-used phrases such as 'team player', 'hardworking' and 'multitasker'. Instead, provide real-life examples that demonstrate all of these skills.



Use a clear font like Arial, Times New Roman or Calibri in size 11 or bigger and use the same style throughout.



Use headings and bullet points to make it easier to read and be clear and to the point.



Get someone else to read it to double check your spelling and grammar.



A profile summary in your CV is a short paragraph that highlights your skills, experience and achievements. This section is an efficient way to get the employer to notice you with a compelling summary of your experience, skills and qualifications.

Support statement template

- **Introduction:** Briefly introduce yourself, your current role (if applicable), and your enthusiasm for the specific position you're applying for. Include your motivation for applying for the position. What specifically interests you about this role. Explain why you believe you are the ideal candidate for this position.
- **Skills and Qualities:** Highlight specific skills and qualities outlined in the job description and person specification. Provide examples from your previous experiences to demonstrate how you have successfully complete responsibilities described in job description.
- **Qualifications and Experience:** Briefly outline your relevant qualifications and professional experiences. Focus on experiences that directly relate to the requirements of the role.
- **Values of organisation:** For example, The NHS has a set of core values: working together for patients, respect and dignity, commitment to quality of care, compassion, improving lives, and everyone counts. Explain how your personal values and work ethic align with the organisation. Provide examples that showcase your commitment to these values in your previous roles.
- **Career Aspirations (optional):** Briefly touch upon your future career goals and how this position fits into your long-term career aspirations within the NHS.
- **Closing:** Conclude your statement by summarising above points.



Use the **STAR (Situation, Task, Action, Result)** method to structure your examples. This involves describing the situation, your task or role, the specific actions you took, and the positive outcomes you achieved.